

**These cards are for discussing the rights of children with a child or a group of children.**

**With these, you can find out whether the child's rights are fulfilled in the child's life and at the same time share information about the rights of children.**

### **PRINCIPLES FOR DISCUSSION:**

- Pink and purple cards focus on rights that can be understood by younger children.
- Let the child lead the conversation in directions that are important to them.
- The cards are meant to inspire discussion, and there is no need to systematically follow the questions.
- Observe and sense which method of action works best for the child in question.
- In addition to answering verbally, the child can, for example, draw their thoughts.

# **THE CARDS OF THE RIGHTS OF THE CHILDREN**



**Pelastakaa Lapset**

**DISCUSSION:** Choose the cards with the child or before using. Go through the cards with the child and ask questions related to the rights. You can choose the most suitable questions from the back of the card or come up with questions yourself. Pay attention to rights where the child experiences violations. Discuss what might help the child. You can try to use the cards also with child groups.

**FIND THE SAME COLOR:** Deal the cards to a group of children. Ask the children to go around the space and look for a card that is same color as they have. When the pairs or group of cards have been found, ask the children to discuss the topics on the card. You can also ask the children to tell the whole group what topics they had and continue the discussion about it.

# INSTRUCTIONS



**Pelastakaa Lapset**



## Pelastakaa Lapset



# REST



## **Pelastakaa Lapset**

How many hours do you sleep at night?

Do you have an opportunity to rest during days?

Where do you rest the best?

Do you feel tired or energetic during the days?

# **REST**



# Pelastakaa Lapset



# PLAY



## **Pelastakaa Lapset**

What are your favorite games?

Who do you prefer to play with?

Do you have enough time to play?

What do you like to do on your  
spare time?

Do you have some hobbies?

# **PLAY**



## Pelastakaa Lapset



**CARING  
ADULT**



## **Pelastakaa Lapset**

Do you have one or more adults  
who take care of you?

Who they are?

Will they help you, if you need  
help?

How do they show you they love  
you?

**CARING  
ADULT**





## Pelastakaa Lapset



**NAME**



## **Pelastakaa Lapset**

What is your name?

Do you know who chose your name and why that particular name was given to you?

Do you like your name?

# **NAME**



# Pelastakaa Lapset



# NATURE



## **Pelastakaa Lapset**

What do you like to do outside?

Can you get into the nature if  
you want?

How can we take care of nature?

Do you have any wishes  
regarding the environment?

# **NATURE**



## Pelastakaa Lapset



# OPINION



## **Pelastakaa Lapset**

Can you share your opinions? At home, in day care, at school?

Do adults listen to you?

Do you have an influence on things that are important to you?

# **OPINION**



**Pelastakaa Lapset**



**FEELINGS**



## **Pelastakaa Lapset**

What feelings can you name?

How do you show different feelings?

Who do you show your feelings to?

Are you allowed to show your feelings?

Are there some feelings you don't show to others?

# **FEELINGS**





## Pelastakaa Lapset



# FOOD AND WATER



## **Pelastakaa Lapset**

What is your favorite food?

What is your favorite drink?

Do you get enough food, for example, in day care, school or at home?

Do you have any wishes regarding food or meals?

# **FOOD AND WATER**



**Pelastakaa Lapset**



**LEARNING**



## **Pelastakaa Lapset**

What is it like to be at  
school/day care/preschool?

What do you like to learn?

What have you learned?

What is best in there?

Is there something that bothers  
you there?

# **LEARNING**



**Pelastakaa Lapset**



**HOME**



## **Pelastakaa Lapset**

Do you have a home?

What is it like?

Do you have a place of your own  
at home, where you can calm  
down?

What is your favorite place at  
home?

# **HOME**



## Pelastakaa Lapset



# CARE



## **Pelastakaa Lapset**

Who will take care of your, if  
you are sick?

What kind of diseases or  
illnesses you have or have had?

Do you get treatment to them?

Have you always been able to  
see the doctor, if you have had a  
need?

# **CARE**





## Pelastakaa Lapset



# FAMILY



## **Pelastakaa Lapset**

Who are members of your family?

If you don't live with your family,  
do you have a contact with them?

How do you keep in touch with  
them?

How do you keep in touch with  
your other relatives?

# **FAMILY**



**Pelastakaa Lapset**



**SAFETY**



## **Pelastakaa Lapset**

Has someone hurt you? How?

Has someone said mean things  
to you on purpose?

Have you hurt others?

Are you afraid at school, at home  
or outside?

What gives you security?

# **SAFETY**



# Pelastakaa Lapset



# FRIEND



## **Pelastakaa Lapset**

Do you have at least one friend?

What do you like to do with them?

Has someone bullied you?

# **FRIEND**



**Pelastakaa Lapset**



**DIVERSITY**



## **Pelastakaa Lapset**

Have you been left out?

Has someone said you something  
mean?

Is it because of, for example, your  
skin color, your disability or your  
gender?

Are people allowed to be different  
from others in your day care or  
school without being bullied?

# **DIVERSITY**





**Pelastakaa Lapset**



**FREEDOM TO ONE'S OWN  
THOUGHTS**



## **Pelastakaa Lapset**

Can you share your thoughts freely? At school? At home?

Do you have a freedom of religion or belief?

Can you choose what you believe in?

**FREEDOM TO ONE'S OWN  
THOUGHTS**



**Pelastakaa Lapset**



**INFORMATION**



## **Pelastakaa Lapset**

Do you get information about things that you are interested in?

For example from TV, newspapers or internet?

Has someone forbidden you from searching information?

Can you tell why?

# **INFORMATION**



**Pelastakaa Lapset**



**GROWTH AND  
DEVELOPMENT**



## **Pelastakaa Lapset**

What things help you to grow?

What supports your  
development?

What do you want to be when  
you grow up?

**GROWTH AND  
DEVELOPMENT**



**Pelastakaa Lapset**



**BEST INTERESTS OF THE  
CHILD**



## **Pelastakaa Lapset**

Has someone made decisions for  
you?

Who made them and what kind?

Have you been able to give your  
opinion before the decision?

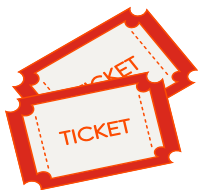
Has the decision been good for  
you?

**BEST INTERESTS OF THE  
CHILD**





**Pelastakaa Lapset**



**BASIC NEEDS**



## **Pelastakaa Lapset**

If you need something important, can it be usually bought?

Do adults worry about having enough money?

Do you ever go on vacation?

# **BASIC NEEDS**



**Pelastakaa Lapset**



**NATIONALITY**



## **Pelastakaa Lapset**

Are you a citizen of some country or countries?

Do you have a passport?

Do you have the right to travel wherever you want?

# **NATIONALITY**



**Pelastakaa Lapset**



**PRIVACY**



## **Pelastakaa Lapset**

Do you have an opportunity to be in your own place in peace, if you want?

Can you, for example, write diary or messages without fear of someone reading them without permission?

Can you go to the shower or toilet alone, if you want?

# **PRIVACY**



## Pelastakaa Lapset



**THE RIGHTS OF ALL**



## **Pelastakaa Lapset**

Do you know children, whose rights are not fulfilled?

Why the right are not fulfilled?

Do you know, who could help, if the rights are not fulfilled?

# **THE RIGHTS OF ALL**





**Pelastakaa Lapset**



**CONVENTION ON THE  
RIGHTS OF THE CHILD**



## **Pelastakaa Lapset**

Have you heard about the  
convention on the rights of the  
child?

If so, from where or from whom?

Do you know some of the rights?

**CONVENTION ON THE  
RIGHTS OF THE CHILD**



**Pelastakaa Lapset**



**FREE TIME**



## **Pelastakaa Lapset**

Do you have enough time for  
your favorite activities?

Have you worked? How has it  
felt?

Do you have enough time for  
school?

Do you have time for friends?

# **FREE TIME**



**Pelastakaa Lapset**



**CULTURE AND LANGUAGE**



## **Pelastakaa Lapset**

What is your mother language?

Where do you speak it and with whom?

Are you taught in your mother tongue?

What kind of habits does your family have?

# **CULTURE AND LANGUAGE**